

## Kids' Activity Guide

*Orangutangled* is a silly rhyming tale of two orangutans looking for a late-night snack in the jungle. The orangutans find some tasty mangos, but before they know it they are caught up in a sticky tangled mess! As the orangutans try to get out of their mess, they are joined in their orangutangle by other jungle animals. *Orangutangled* is a great book to introduce your child to rhyme, some animals they may not be familiar with, and maybe even a new favorite snack! Your child will love how a messy snack turns into a nighttime adventure for the pair of orangutans and their new friends.

## Pre-reading Questions

1. What is your favorite snack?
2. Do you ever make a mess with your food?
3. What foods are sticky?
4. What is an orangutan?
5. What fruits do you like to eat?
6. What does it mean to be tangled?
7. What is a jungle?
8. What are some animals that live in the jungle?
9. What is a rhyme?

The questions above will set the stage for reading *Orangutangled* and introduce your child to some of the concepts in the book.

## Orangutan Background Discussion:

Use the questions above to introduce your child to background information on orangutans and mangos.

### Key Points:

- Discuss what an orangutan is. Link to two *National Geographic* websites on orangutans:  
[National Geographic Kids - Orangutans](#)  
[National Geographic - Orangutans](#)
- Discuss what it is like in Borneo, where orangutans live in the wild, with info from the link below:  
[Borneo Facts](#)
- Here are a couple of sites with fun information about jungles:  
[Jungle Facts](#)  
[Animals of the Jungle](#)
- Here are some fun facts about mangos from the National Mango Board:  
[Mango Facts](#)

## Animal Memory Game:

*Orangutangled* is a book about animals in the jungle. Your child will use the animal cards on page 5 to work on their memory skills by playing a memory game. Your child will enjoy cutting out and decorating the cards in addition to playing the game!

First help your child decorate each pair, using the same colors to make them look similar. Once the decorating is complete, cut out all of the cards along the lines. To play the game, you will flip the cards facedown and randomly lay them out in three rows of four. You and your child will take turns flipping two cards over and try to make a match. When a player matches up the cards, they take both cards and set them in front of them. Keep taking turns until all of the cards have been matched up.

## Orangutangle Mango Smoothies:

Introduce your child to a great sticky, tasty, and healthy snack...mangos! Follow the directions below to make delicious smoothies with your child.

### Ingredients:

- 1 cup chopped ripe or frozen mango
- 1/2 cup low-fat milk (soy or almond milk can be substituted as well)
- 1/2 cup ice
- 1/4 cup plain low-fat yogurt
- 1 tablespoon honey or sugar

### Directions:

1. If you are using a fresh mango, cut it up with your child. Let them handle and taste the chopped mango. It is messy and sweet!!
2. Put all the ingredients in the blender.
3. Orangutangle (blend) it up until smooth! You can add more ice or milk to get it to the consistency you and your child like.
4. Serve!!

## Fun Facts About Orangutans

1. Orangutans are the largest tree-dwelling animals on Earth.
2. Today wild orangutans live only on two islands, Borneo and Sumatra.
3. Orangutans are the only apes from Asia.
4. The word orangutan means "Forest Person."
5. Orangutans make simple tools to collect food and even to stay dry.



# Red Light, Green Light Foods Collage

In *Orangutangled*, the orangutans are looking for a healthy, tasty snack. In this activity, you can teach your child about healthy eating. The Dr. Sears Wellness Institute teaches Traffic Light Eating. In Dr. Sears' *Traffic Light Eating*, **Green** light foods mean "GO"!! They are healthy foods that help our body. Your child should be encouraged to eat green light foods whenever they want. **Yellow** light foods are "SLOW down" foods. They are foods that are ok to eat, but that you don't want to eat too much of. **Red** light foods mean "STOP and think." They are foods we need to stop and decide how much of it you should eat. Using the chart below, you and your child will create a stoplight collage. For more information on Traffic Light Eating, click [here](#):

## Materials:

- 3 white paper plates
- 1 paper clip
- Stapler with staples
- Glue
- String
- Green, yellow, and red markers or crayons
- Several magazines with food advertisements or one food magazine

## Directions:

1. Help your child color the plates – one green, one yellow, and one red.
2. Using the chart below, help your child find and cut out four to six pictures of foods from each color.
3. Assist your child in gluing the pictures onto the corresponding plates.
4. Help your child stick a paper clip through the top of the green plate so that the plate hangs from it.
5. Staple the bottom of the green plate to the top of the yellow plate and then staple the bottom of the yellow plate to the top of the red plate.
6. Tie a piece of string to the top clip and hang it!

Green Light Foods	Yellow Light Foods	Red Light Foods
Whole-grain breads Pasta Rice Fresh fruit and vegetables Fresh fruit juice Fresh, lean meats, fish, and poultry Low-fat dairy products Eggs Water	Refined white bread Processed breakfast cereals Full-fat dairy products Processed meats (hot dogs, ham, bacon, chicken nuggets) Reduced-fat flavored milk Reduced-sugar fruit juices Popcorn Mashed potatoes	Fried foods Donuts, pastries, and pies Potato chips Cakes and muffins Candy Ice Cream Pizza

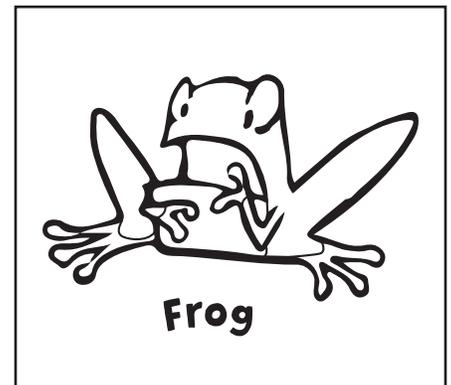
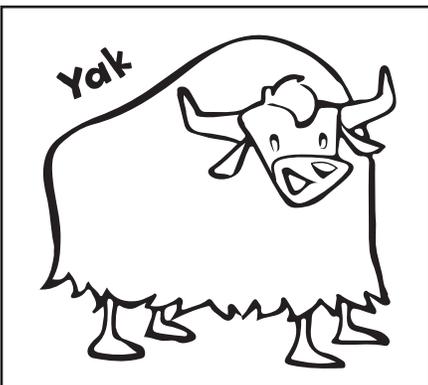
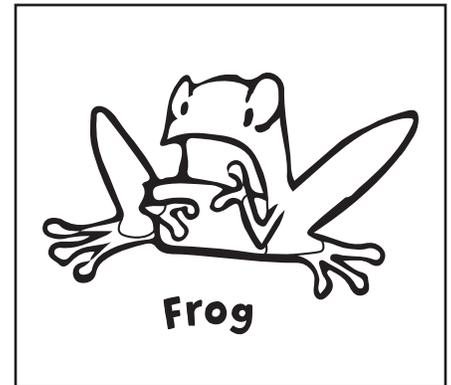
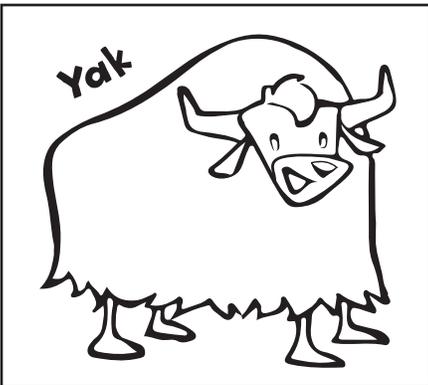
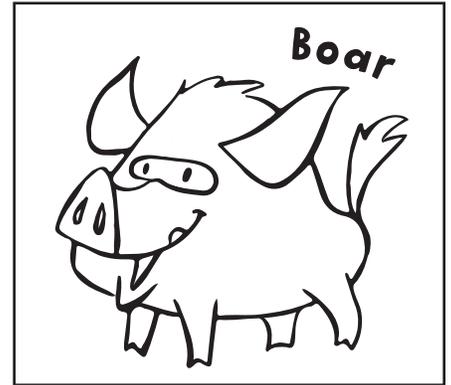
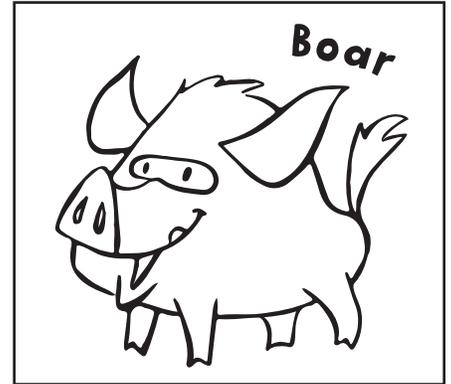
# Vocabulary Activity for *Orangutangled*:

As a post-reading activity, define and discuss the following vocabulary words with your child. After you talk about each word, ask your child to draw a picture that includes several of the words.

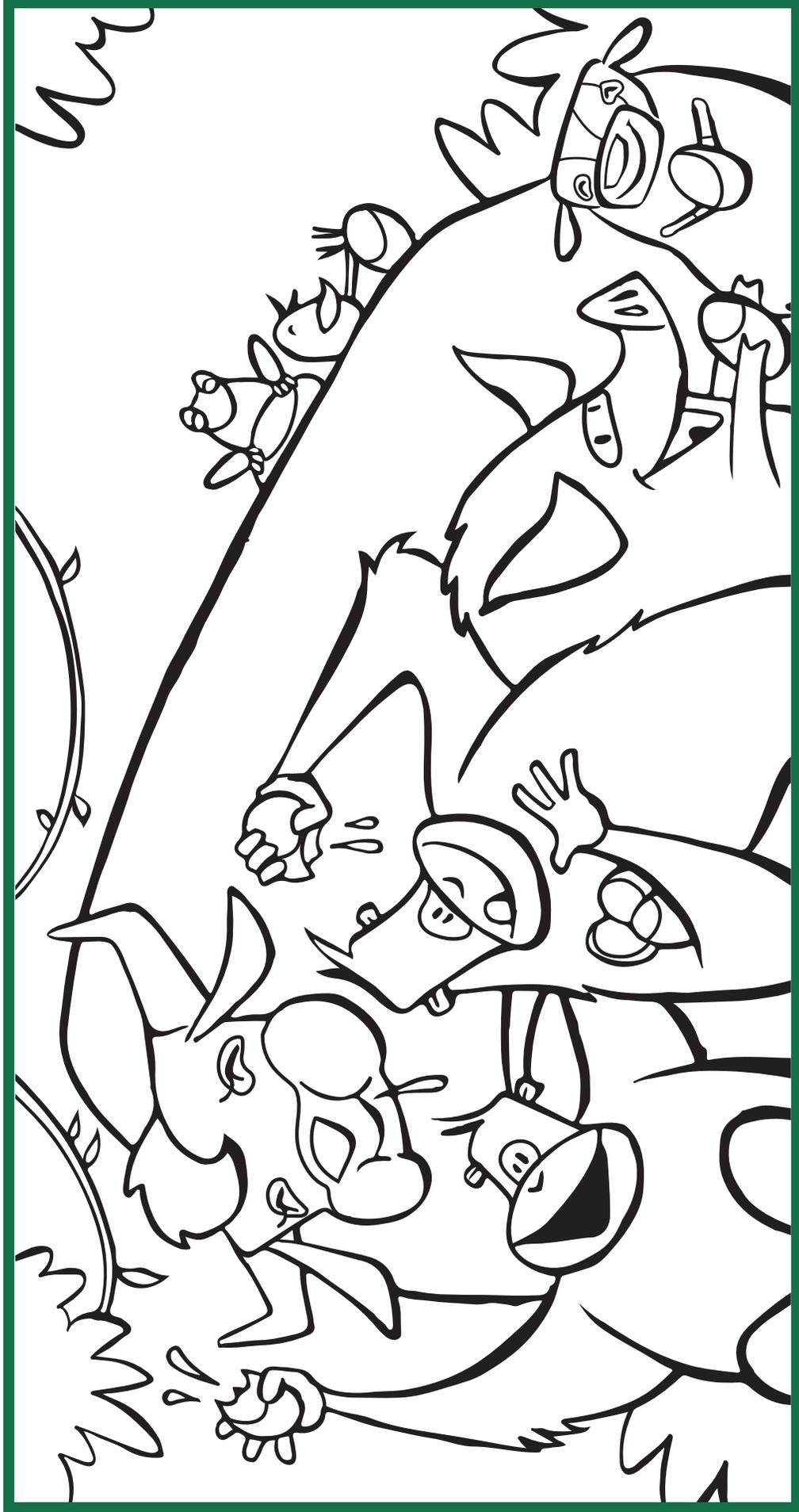
1. **Orangutan** – a large, long-armed ape from Borneo and Sumatra, which eats mostly plants, lives in trees, and has long, thin reddish-brown hair.
2. **Yak** – a large, long-haired ox from Tibet and nearby elevated parts of central Asia, with long curved horns.
3. **Boar** – a wild pig with a pale gray to black coat, thin legs, a narrow body, and prominent tusks.
4. **Tiger** – a large Asian carnivorous feline of the same family as the domestic cat with a coat that is typically light brown to orange with mostly vertical black stripes.
5. **Rhyme** – one of two or more words similar in sound.
6. **Mango** – a yellowish-red tropical fruit with a firm skin and a juicy, mildly tart pulp.
7. **Tangle** – to become twisted together into a mass of confusedly interlaced or intertwined threads, strands, or other like parts.
8. **Jungle** – a thick, tangled mass of dense vegetation, especially tropical vegetation or a tropical rain forest.
9. **Smoothie** – a beverage made with some combination of pureed fruit, ice, milk, yogurt, or juice.
10. **Recipe** – instructions for preparing a food dish.

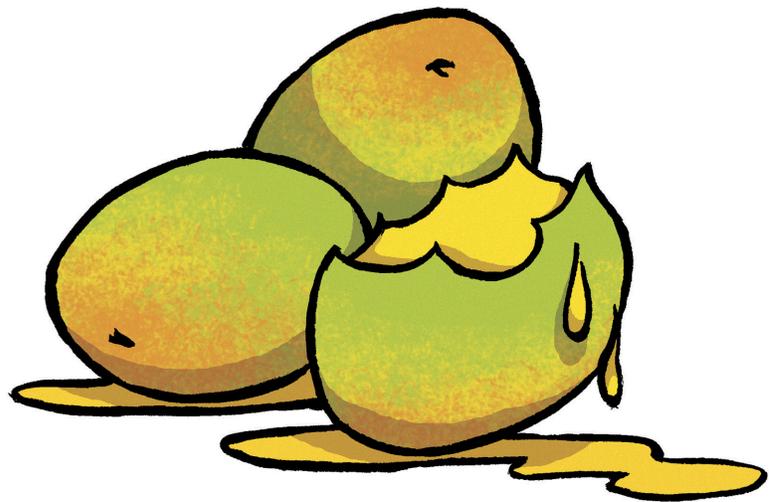


# Animal Memory Game



**Orangutangled Coloring Page**





*This guide was created by Chris Valcarcel, Educational Consultant, and Jennifer Messinger, Graphic Designer.*

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